

Bellevue Heights Primary School

Learning & Growing Together to Enrich the World

Newsletter Week 3 Term 1 Wednesday 13 February 2019

COMING EVENTS FOR THE CALENDAR

- Friday February 15 Whole school assembly run by Ms Spells & Mrs Main's class followed by morning tea
- Monday February 18 Power of Positive Parenting Workshop at school 6-8pm. Bookings essential.
- Friday February 22 4 year old Friday Bookings via school office essential.
- Monday February 25 Raising Confident & Competent Children Workshop at school 6-8pm. Bookings essential
- Thursday February 28 Junior Field Naturalists' Club in school hall
- Friday March 1 4 Year old Friday Bookings via school office essential.
- Monday March 4 Raising Resilient Children Workshop at school 6-8pm. Bookings essential. Governing Council 7.30pm. Finance at 7.00pm
- Wednesday .. March 6 to 8 Wirraway Camp for upper primary students
- Friday March 8 Whole school assembly run by Ms Kath/May-Lee and Ms Ford's classes followed by morning tea
4 year old Friday Bookings via school office essential.
- Monday March 11 Adelaide Cup public holiday - school closed
- Friday March 15 Book Fair in library for one day only
Reception / Year 1 activity evening
- Monday March 18 IELP JP Art Gallery excursion
- Thursday March 21 Harmony Day
- Friday March 22 Pre-school families open morning - information will follow in future newsletters
- Friday March 29 No assembly today
- Monday April 1 JP Road Safety
- Friday April 5 Sports Day - more information will go home later
- Friday April 12 Last day of term 1. School finishes at 2.30pm.
- Monday April 29 First day for term 2.

Dear Parents & Community

What a difference a week makes in terms of the weather! It has been such a blessing to enjoy listening to the rain fall on my roof these past two nights!

We would like to take this opportunity to thank all the families for attending the Annual General Meeting and Acquaintance Night. Thank you to our BBQ cooks for their BBQ cooking skills and to everyone who helped with serving. Thanks also to Yvonne Anderson for preparing the AGM materials and Annual Report distribution. Both of these documents will be available on the website in due course. If you would like a hard copy come to the office and we will provide you with one.

Thanks to Otilie Atwood for her amazing performance on the ukulele. I look forward to hearing all of our students over the coming year perform in some capacity as we roll out our proposed ukulele program for 2019.

The beginning of each school year brings with it many demands. One of the demands schools place upon parents are requests for updates in contact details. I am aware that at times some of our requests do not reach you, as whilst our teachers do their best to see that each child puts notes into their bags they do



We can be contacted on
Email:
Email student absences to:
Website:
Out of School Hours Care (OSHC):
CRICOS Provider Number:

Telephone: 8278 7182 Fax: 8370 2671
bellevue.ps891@schools.sa.edu.au
absences.bhps470@schools.sa.edu.au
www.bellevueps.sa.edu.au
Telephone: 8278 9439 or 0401 121 798
00018A

Bell Times	
8:40am	Students can arrive
9:00am	School starts
10:55am	Recess starts
11:25am	Recess ends
1:05pm	Eat lunch in class
1:15pm	Play time starts
1:50pm	Lunch ends
3:30pm	School ends



not reach you. To assist us with collating all necessary information, please ensure that you check the deepest darkest recesses of your **child's bag (in the early years!)** to see if a note has escaped or worse not been returned.

Onto other matters, I have been looking at some research on the 500 most frequently used words written by students in Australia in their first three years of schooling. The study examined what influences their word choices; are there any gender differences? And, how has the list changed in a decade?

The Oxford Wordlist research study analysed writing samples from 1000 students in Victoria and South Australia to pinpoint the words that were used again and again. It says inherent knowledge of high frequency words is important as it helps early writers to become more independent and frees them up to focus on low frequency words and expanding their vocabulary.

When comparing the two lists, new words have appeared and others have not been used at such a high frequency, but Anne Bayetto (an SA educational researcher) says, even with the 10 year gap, there is an 86 per cent agreement. The first 11 words in the two lists (high frequency words such as and, the, I and to) are exactly the same, although in a slightly different order.

The word computer has disappeared from the list since 2007, which the report concludes may be due to the increased use of smartphones in the past decade. It adds another interesting change - **students' use of more informal language** - super, awesome, amazing, crazy and stuff all make the 500. Guys no longer features, but hi is a new addition.

Take a look at the infographic on the right to read the high frequency words and see if they **appear in your child's writing / vocabulary**. I wonder what changes we will see in the next decade?

Regards
Marie-Louise, Mary and Birgit.

Awards for Excellence Recipients

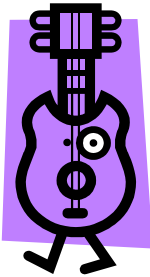
This fortnight the following students earned a certificate: Barnabas & Alex.



THANK YOU BLACKWOOD ROTARY

This year our new music teacher, Paula Grasby, will be introducing the ukulele to our students during their music lessons.

We would like to say a HUGE thank you to Blackwood Rotary who have donated the funds for a class set to get the program off and running.



High Frequency words used by young students in Australia 2017





2019 GOVERNING COUNCIL

Welcome to our new Governing Council.

This year's council will be:

Craig Paues	Michelle Leopold
Eleanor Parker	Tash Grundy
Andrew Cassetti	David Filcoff
Kristy Biggs	
Margot Bradley (Staff Rep)	
& Marie-Louise Adams (Principal)	
IELC Community Rep - (to be appointed)	

Governing Council Sub Committees

At the Governing Council meeting on March 4 we will elect office bearers and establish the committee structure for 2019. We have the following committees: Facilities, Education, Finance, OSHC and P&F.

These are the brief roles of each group:

Facilities – you help with working out what grounds and maintenance is needed – organising working bees, landscaping, etc.

Finance – supporting the treasurer with school budgets and expenditure.

Education – you work with school staff to examine the learning programs that are offered at school.

OSHC – support the Director to implement this before and after school program.

P&F – join this group and you will support the school in fundraising, social events, canteen and general wellbeing for students.

You are invited to join any of these committees and not necessarily be a member of the Governing Council. If you would like more information see Marie-Louise or Mary.

PARENTS & FRIENDS 2019

The Bellevue Heights P&F is a small group of enthusiastic members who help to raise funds for projects that benefit the school community. We also aim to build stronger connections between people and bring our community together.

In 2019 each committee member can nominate to coordinate a fundraising event or you can offer to help a coordinator with their event, whatever fits in with your other commitments. There is no pressure to be at every meeting, we would just love you to come and lend your help when you can.

There are approximately 2 meetings a term which are held to help us keep in contact and to provide a report back to the Governing Council about P&F activities.

The first meeting for 2019 will be an evening meeting in a couple of weeks. Look out for an email from the school letting you know which night.

At the first meeting of the year we will finalise and schedule the fundraising and community building events in 2019 and make sure that each event has a coordinator and people to help make it happen.

Everyone is welcome and we would love to see you there! If you have any questions please ask Yvonne or Karen in the school office and they can point you in the right direction.

Parent rep for mainstream classes

Once again we are looking at promoting a parent representative for each mainstream class.

The role of the class rep is not onerous - it is a role in which the rep acts as a communication channel for the class. For example, if there is a class excursion you could liaise with the teacher to be the one to get helpers; if there is a working bee each class might ask around to get one or two people to go; if the class teacher is having a special event you could be the person who helps with the morning tea or be the person who sends out family information – or whatever!

It would be a nice way to foster relationships across the class. If you would like to do this role please talk to your class teacher.

A MESSAGE FROM OUR
STUDENT WELFARE WORKER

Dear families

For people that don't know me I would like to take this opportunity to introduce myself. My name is Maressa Derry and I have been working as the student welfare worker at Bellevue Heights for over six years now.

As a student welfare worker, my primary responsibility is the wellbeing of students, by promoting social/emotional development and being there when they need someone to listen. I will be meeting with students individually and conducting social skills lessons in different classes. I also run the lunch time activities twice a week where we play board games, have Lego club and coding and there is always time for arts and craft. Lunch time activities start this week again on a Monday and Tuesday. I will also meet with parents, collaborate with teachers and staff and consult with community organisations to benefit and meet the needs of our Bellevue Heights Primary school students.

Feel free to come in and have a chat, my working days are Mondays and Tuesdays. Or send me an email Maressa.Derry42@schools.sa.edu.au

I am very excited to have organized 'take the stress out of parenting, positive parenting workshops'. Our first workshop is: The Power of Positive Parenting and it will be held at school on Monday 18 of February from 6-8pm. Please come along - these workshops are highly regarded and can provide you with very useful tips on how to make everyday life with children that little bit easier.

For registration please contact the school office on 8278 7182 or email bellevue.ps891@schools.sa.edu.au

I hope to see some of you there and otherwise feel free to contact me at any time.

Friendly regards
Maressa Derry



Students at Bellevue Heights are taking **part in the Premier's Reading Challenge.**

What is the Challenge?

The Premier's Reading Challenge is a literacy engagement program that was introduced by the Premier in 2004 to:



- Encourage students to read more books and enjoy reading.
- Improve literacy levels.

The challenge requires students to read 12 books between the beginning of the school year and 6 September.

How do I complete the Challenge?

Teachers will give each student a sheet to record their books. If you are unsure about this, please see your child's teacher. Some teachers keep the records at school while others send it home.

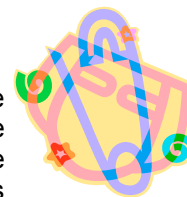
Once complete, students need to hand this form to their teacher or to our lovely librarians.

What happens once the challenge is completed?

Certificates are awarded in the first year of completion, then medals from the second to seventh year. From the eighth year onwards Reader For Life certificates are awarded. Medals and certificates arrive at school late November and are distributed at an assembly.

Questions? If you have any questions, please see you child's teacher.

Can you help?
BABY CHANGE AREA
 We have set up a baby change table for community use in the handicap toilet in the middle of the school, opposite the student toilets but we need a change mat for it.



If you have one you could donate please leave it at the school office.

FURNITURE?

The school is decluttering lots of areas and has some surplus furniture. Chairs, filing cabinets, computer tables. If you are interested the surplus items are located at the back of the school near our big skip. You are welcome to come and take a look and take any items you think you can use.

**POSITIVE PARENTING WORKSHOPS
 AT BELLEVUE HEIGHTS SCHOOL**

More information and program in this newsletter. Bookings essential.

**Come Join Us
 Bellevue Heights
 Playgroup**



Playgroup is for children
 0-5yrs & their families on Mondays

- Time:** 9 - 11 am
- Venue:** Bellevue Heights Primary School hall
- Cost:** \$2 per child

Hope to see you there!

For information contact the school office
 8278 7182

Community News & Special Events

FOR ALL EVENTS LISTED, FURTHER INFORMATION CAN BE OBTAINED FROM THE SCHOOL OFFICE

Groups advertising in community news are not necessarily endorsed by the school.

Families need to use their own discretion whether to seek more information about them.

BELLEVUE HEIGHTS JUNIOR FIELD NATURALISTS' CLUB

Does your child have a fascination with wild animals, their lifestyles and habitats? Also rocks, crystals, geology, astronomy ... anything to do with the wonderful world of nature?

See the flyer in this newsletter for more information

HEAD FOR THE HILLS - After school mountain bike skills Off road cycling
 Ages 10-14 (beginner - intermediate). 15x90 minute sessions for \$525. Bike & helmet hire available. Bike handling & balance skills. Control & trail reading. Discipline - independent technique. headforthehills.net.au info@headforthehills.net.au

SCIENCE ALIVE! TONSLEY OPEN DAY- Family Fun

Sunday 24 March 10am to 4pm. All kinds of awesome! In 2008 the last car rolled off the Mitsubishi manufacturing line at Tonsley. 10 years on, the site has been transformed into Australia's most awarded innovation district. Now it's time to open Tonsley's doors and showcase the amazing space and the innovative organisations housed there. Entry and parking is free. tonsley.com/openday

JUNIOR GIRLS AND BOYS FOOTBALL CLINIC

Sunday 17 February 10am. Age 7 to 18 years. Kenilworth Football Club, Simonds Park, Laura Ave, St Marys. FREE football clinic. The session will include learning the fundamentals of kicking, handballing & tackling in a fun and welcoming environment with CROWS AFLW players. Includes registration for new and current players for 2019 season. Contact: John Schulz 0412 587 551 or john.schulz4@bigpond.com

POSITIVE PARENTING WORKSHOPS
AT BELLEVUE HEIGHTS PRIMARY SCHOOL
Bookings Essential



positive
PARENTING



Take the stress out of parenting

A series of 3 free engaging and informative workshops
for parents with children aged 3 to 12 years

Workshop 1. The Power of Positive Parenting Monday 18th February 2019 - 6 - 8pm

Ensuring a safe engaging environment - Creating a positive, learning environment - Using assertive discipline - Having reasonable expectations - Looking after yourself as a parent

Workshop 2. Raising Confident and Competent Children Monday 25 February 2019 - 6 - 8pm

Showing respect to others - Being considerate - Having healthy self-esteem - Having good communication and social skills - Being a good problem solver - Becoming independent

Workshop 3. Raising Resilient Children Monday 4th March 2019 - 6 - 8pm

Recognising and accepting feelings - Building a positive outlook - Developing coping skills - Expressing feelings appropriately - Managing negative feelings - Managing stressful life events



Where: Bellevue Heights Primary School
7-19 Vacluse Crescent, Bellevue Heights

Registrations: Contact the Front Office on 8278 7182
or email bellevue.ps891@schools.sa.edu.au

** Please arrive 15 minutes earlier for registrations **

Everyone is welcome, however *bookings are essential*

Delivered by the Department for Education's Positive Parenting Team

Happy families. Better relationships. Successful kids.



Government of South Australia
Department for Education





Children and parents: Come and have a "wild" time with

JUNIOR FIELD NATURALISTS SA

Do you have a fascination with **WILD ANIMALS**, their lifestyles and habitats? Also rocks, crystals, geology, astronomy ... anything to do with the wonderful world of nature?

Find out more with **Junior Field Naturalists SA**, a nature club for primary school children which is affiliated with the Field Naturalists' Society of South Australia.

Our meetings are held on the **LAST THURSDAY** of each month (except January and December) at the **Bellevue Heights Primary School** in the **Activity Room**.

TIME: 7.00pm to 8.15pm

FEE: \$40.00 per family per year

This money contributes towards our club's sponsorship of a **Murray Tortoise** at the zoo.

A guest speaker attends each meeting, and topics cover a wide range of animals and nature such as reptiles, bats, frogs, geology, birds, etc. Where possible, live specimens of the relevant animal are brought to the meeting.

Children are encouraged to bring along any interesting specimen (eg fossil, insect, etc) for "show-and-tell." **FIELD TRIPS** will also be held during the year.

Parents are encouraged to attend our meetings and share the experience with their children. *We do ask that you arrive in time for meetings to start promptly at 7.00pm.*

We look forward to your company at our first meeting for 2019 on:

THURSDAY 28th FEBRUARY
at 7.00pm

Topic: "IDENTIFYING BIRDS"

Our guest speaker is Phil Barron from Barron Environmental. He has extensive experience in ornithology, habitat restoration and ecology. He will teach us how to identify local birds by hearing and not just seeing them.

Dates for meetings for 2019 – Thursdays on:

28 February, 28 March, 2 May, 30 May, 27 June, 25 July, 29 August,
26 September, 31 October and 5 December

Further information:

Rona Sakko (President) 0419 827 723

rona.sakko@gmail.com



**To hasten the registration process on the night, you can
download an application form from our web site:**

www.jfnsa.com.au